



## PASSING COACHING POINTS

1. **Weight or Pace of Pass** – The pass should be played with the right amount of weight to feet or into space so that the receiver is able to either control the ball easily or play the ball comfortably with one touch.
2. **Accuracy** – Naturally, it is important that all passes are accurate.
3. **Time of the Pass** – The player in possession of the ball should not pass the ball if the intended receiver is not in a position to receive it comfortably. A poorly timed pass could result in a loss of possession.
4. **Time of the Run** – The player making a run to receive a pass should ensure that the player in possession of the ball has the ball under good control and is ready to make the pass. Not only is a poorly timed run a waste of energy, it could also result in a loss of possession.
5. **Support** – It is vital that the player in possession of the ball has immediate help from his teammates. The more options a player has to pass the ball, the easier it is for him to keep possession. (angle and distance)
6. **Passing Angle** – Is the receiver of the ball in a good position to receive the ball?

