



Swift Current Soccer Association

Practice Plan Page 1

Name: _____ Date: _____

Age Group: _____ Theme: _____

Activity	Coaching Points
1st Activity (warm-up) <i>Name</i> 	▪
2nd Activity <i>Name</i> 	▪
3rd Activity <i>Name</i> 	▪
4th Activity <i>Name</i> 	▪