



Swift Current Soccer Association

Practice Plan Page 1

Name: _____	Date: _____
Age Group: _____	Theme: _____

Activity	Coaching Points
1st Activity (warm-up) <i>Name</i> 	▪
2nd Activity <i>Name</i> 	▪
3rd Activity <i>Name</i> 	▪
4th Activity <i>Name</i> 	▪



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Practice Plan Page 2

Name: _____	Date: _____
Age Group: _____	Theme: _____

Activity	Coaching Points
5th Activity <i>Name</i> 	▪
6th Activity <i>Name</i> 	▪
7th Activity <i>Name</i> 	▪
8th Activity <i>Name</i> 	▪